



Medical requirements

Guidance Notes and Medical Declaration for solo pilots and pilots flying with another pilot who is not an instructor

GUIDANCE NOTES

These Notes apply to all pilots at the Midland Gliding Club, flying solo or with another solo pilot who is not an instructor.

It is the personal responsibility of all pilots to be fit for flight, and especially to recognise the adverse effects of short-term illness, alcohol, drugs, or fatigue. It is a criminal offence to fly with more than 20mg/100ml of blood alcohol. This is far less than the level permitted for private road drivers. Following recovery from serious illness or accident, future fitness to fly will require to be reviewed.

All flying members (both full and associate) are required under the Club's Rules to comply with the provisions of the Laws and Rules of the British Gliding Association, including the medical requirements.

The Club will keep the documentary evidence supplied by members to show compliance with the medical requirements and the Club may from time to time put in checks and procedures to ensure compliance. However, the Club and its officers are not liable in any case of non-compliance.

If any member fails to comply with the medical requirements, they may be held personally liable for any losses suffered by the Club or other members if the non-compliance resulted in the loss, whether wholly or in part. It is a grey area which could lead to expensive and risky litigation. Members may not be insured for this.

Those pilots who are exercising NPPL or Part FCL licence privileges are reminded of the need to ensure that they have demonstrated or declared medical fitness in accordance with the relevant legislation.

The British Gliding Association accepts differing levels of fitness matched to various risk exposures. Pilots should refer to the Laws and Rules of the British Gliding Association for more information.

Limitations applied to any other aviation licence also apply to gliding unless otherwise authorised.

All solo pilots are required to sign the Club's Medical Declaration overleaf on applying for membership, and this includes all associate members – visitors, course members and junior members.

All full solo members, including instructors and junior associate members, are required to sign the Medical Declaration each year on renewing membership.

MEDICAL DECLARATION

I, (print full name)

DECLARE as follows:

I satisfy the medical requirements of the British Gliding Association as set out in the current edition of Laws and Rules because (tick one or more boxes below):

[Each of the following categories provides acceptable evidence of medical fitness for pilots flying solo or with another solo pilot]

- I hold a full driving licence issued by the United Kingdom or a Crown Dependency or by a nation of the European Union
- I am under the age of 25 years and do not hold a full driving licence. I have signed the Declaration of Fitness to DVLA Group 1 standard (available on the Club's website in documents in the members' area)
- I hold a Civil Aviation Authority private pilot's medical declaration
- I hold a GP endorsed NPPL medical (where held with remaining validity based on age)
- I am a visitor from a nation outside the European Union and hold an ICAO or non-ICAO medical document valid for gliding solo in my country but restricted to flying solo or with another pilot
- I hold one of the documents in the following list (tick the relevant box)

[Each of the following categories provides acceptable evidence of medical fitness for instructors]

- I hold a British Gliding Association Declaration (Annex B in Laws and Rules – Pilot Medical Requirements) countersigned by my GP
- I hold an EASA Class 1, 2 or LAPL, or an ICAO medical certificate which would be recognised by the Civil Aviation Authority in the UK
- I hold an unrestricted NPPL medical certificate countersigned by my GP (where held with remaining validity based on age)
- I hold an Air Cadet gliding medical certificate or a NATO military aircrew employment standard

A photocopy of the document is attached. It will expire on.....

I AGREE not to fly at the Club at any time, either solo or with another solo pilot who is not an instructor, unless I comply with the medical requirements referred to above.

DATED

SIGNED